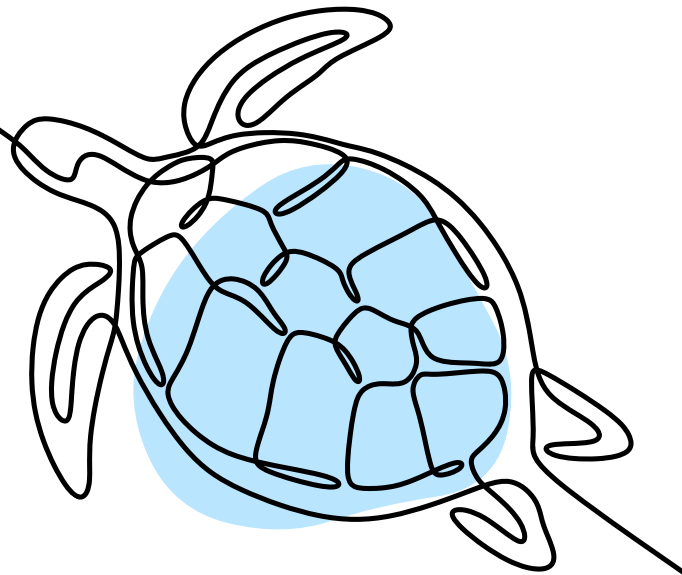


# Let's Make Plarn

letsmakeplarn.com -- upcycling and creating with a purpose



This document is intended for volunteers who want to:

- (a) learn how to create plarn--plastic yarn--by upcycling grocery bags to contribute to volunteers creating crocheted market bags
- (b) learn how to create market bags out of plarn to donate to raise funds for the sea turtles
- (c) all of the above!

Included in this packet you will find illustrated instructions for:

Creating the plarn  
Crocheting with plarn  
Pattern to create the market bag

Drop off your finished plarn and/or bags at the following locations:

Salt Marsh Market  
Holly Ridge Community Center

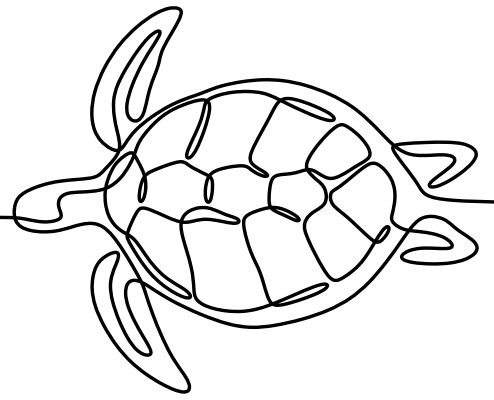
And, crocheters, don't forget to complete the tag for your finished bag!

Thanks for contributing to removing plastic waste from our oceans and landfills.

Did you know? Sea turtles can see plastic grocery bags floating in the ocean and think that they're jellyfish--a source of nutrition--and consume the plastic. This can lead to many digestive issues and even death.



# Making Flarn



## STEP 1: Flatten Your Bags

*Hint: Using the creases on the sides can help you form the best for cutting.*



## STEP 2: Fold the Bag in Half, and Half Again

*Make this as flat as possible for simple cutting.*

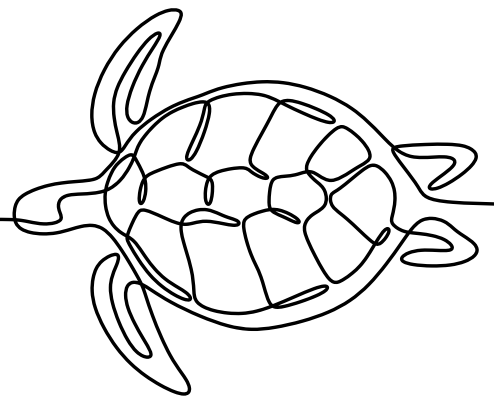


## STEP 3: Remove the Handles and Bottom

*Create a rectangle by cutting off the handles and the bottom seam of your bag.*



# Making Plarn



## STEP 4: Cut into 1" Strips

*A full sized bag will yield 9-10 strips.*



## STEP 5: Unfold the Strips and Check for Tears

*If you have rips or holes in the strip it may not be strong enough to use.*

## STEP 6: Loop the Strips to Create Plarn!

*Create a rectangle by cutting off the handles and the bottom seam of your bag.*

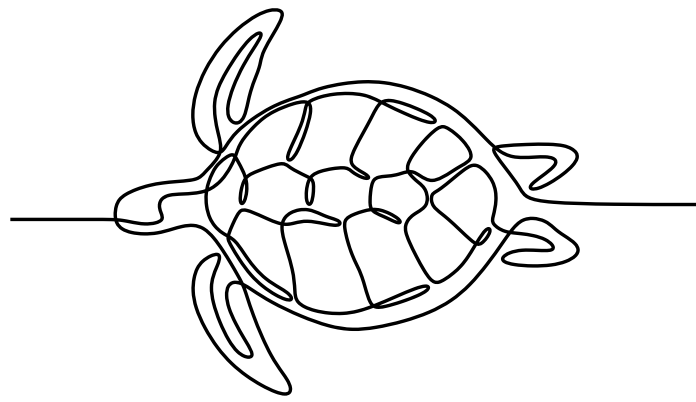


*Once placed, take the tail and loop through itself--don't pull too tight!*

## STEP 7: Keep Creating Plarn and Wind Into a Ball

*Make sure your strips, when looped, lay flat (minus the small knot). Gripping close to the end when looping can help with this.*

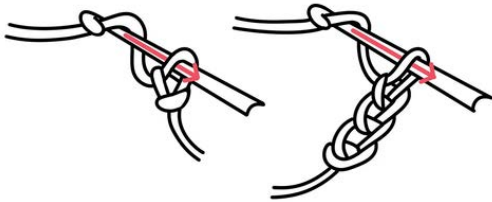
# Crocheting with Flarn



These are the stitches you need to know how to complete in order to create a market plarn bag.

## Chain Stitch

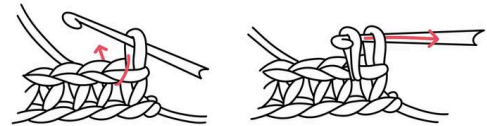
(often abbreviated as “ch”)



Chain Stitch  
madefromyarn.com

## Slip Stitch

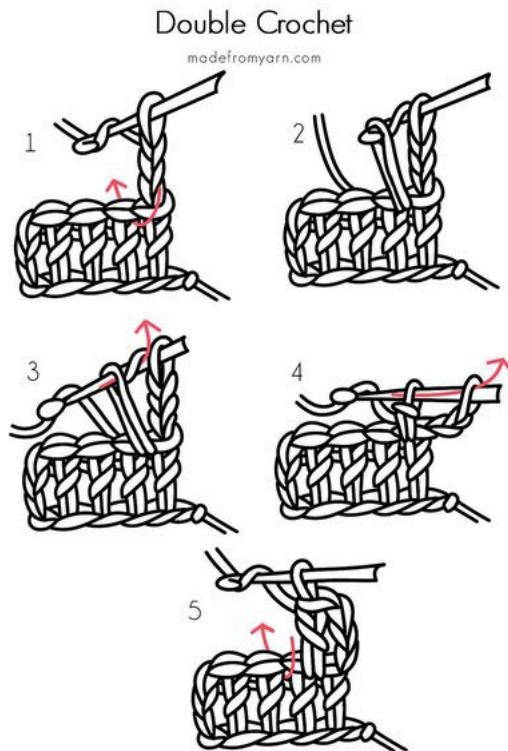
(often abbreviated as “sl st”)



Slip Stitch  
madefromyarn.com

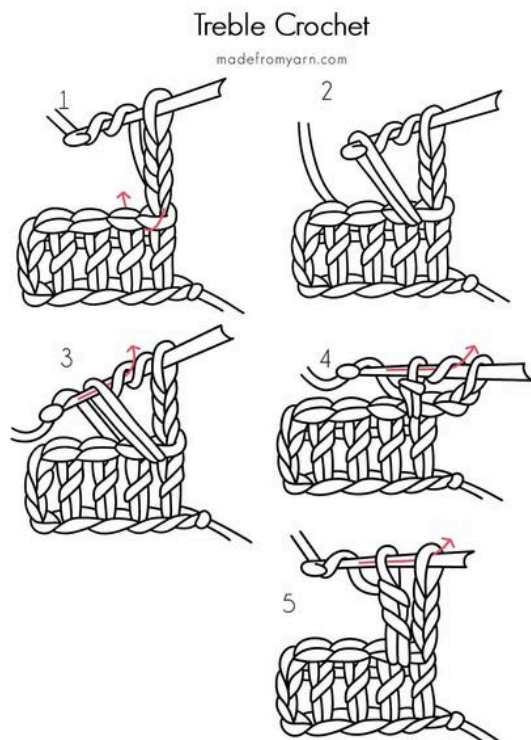
## Double Crochet

(often abbreviated as “dc”)

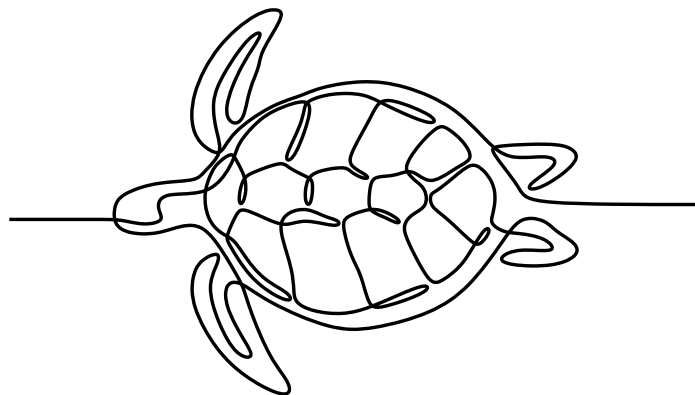


## Treble Crochet

(often abbreviated as “tr”)



# The Pattern



## Create Your Base

*This is the base portion of the bag. To make bigger bags for personal use you can make the base portion larger. For all bags donated for sale, please use this pattern only.*

Starting Row:

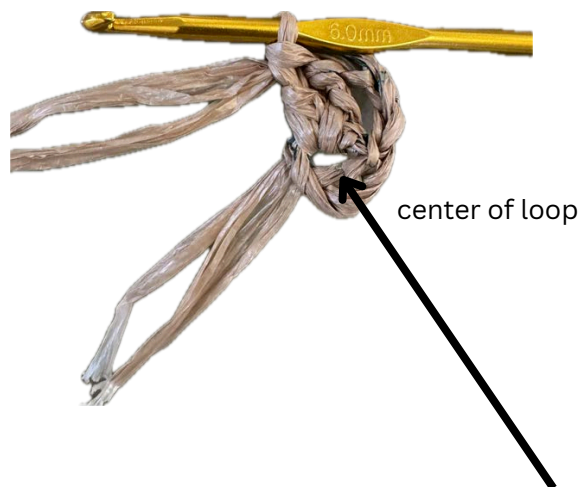
ch 5, sl st into first chain to form a loop

Row 1 (12 dc)

ch 2 (counts as 1st dc), 11 dc into loop,  
sl st to top of original ch 2



finished row 1



center of loop

Row 2 (24 dc: 2dc...)

ch 2 (counts as 1st dc), dc into same stitch,  
2dc into each stitch, sl st to top of original ch 2



finished row 2

Row 3 (36 dc: dc, 2dc, dc, 2dc...)

ch 2 (counts as 1st dc), [2dc into next stitch,  
dc into next stitch], repeat around,  
sl st to top of original ch 2

*This is where having a stitch marker can really help you so you don't lose count.  
For Row 3, you're basically doing one dc, then 2 dc, then one dc, then 2 dc.*

Row 4 (48 dc: dc, dc, 2dc; dc, dc, 2dc...)

ch 2 (counts as 1st dc), dc into next stitch, [2dc into next stitch,  
dc into next two stitches], repeat around, sl st to top of original ch 2

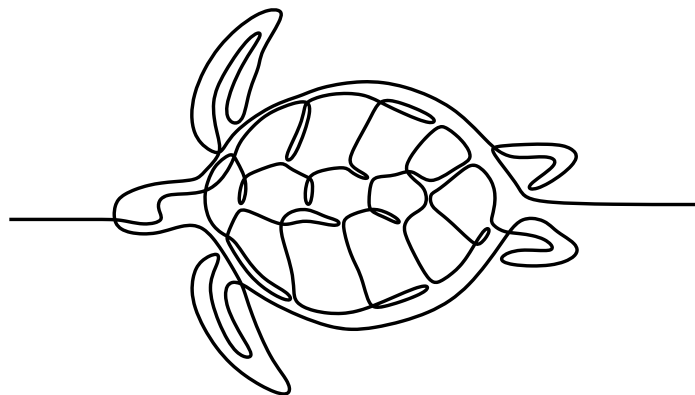
Row 5 (60 dc: dc, dc, dc, 2dc; dc, dc, dc, 2dc...)

ch 2 (counts as 1st dc), dc into next two stitches, [2dc into next stitch,  
dc into next three stitches], repeat around, sl st to top of original ch 2



finished base

# The Pattern



## Create the Body

### Body Row 1

ch 4 (counts as tr plus ch 1)

skip next stitch

tr into following stitch, ch 1                      tr, ch, skip stitch, tr pattern

skip next stitch, repeat around

end with a sl st into 3rd ch of starting stitch

### Row 2

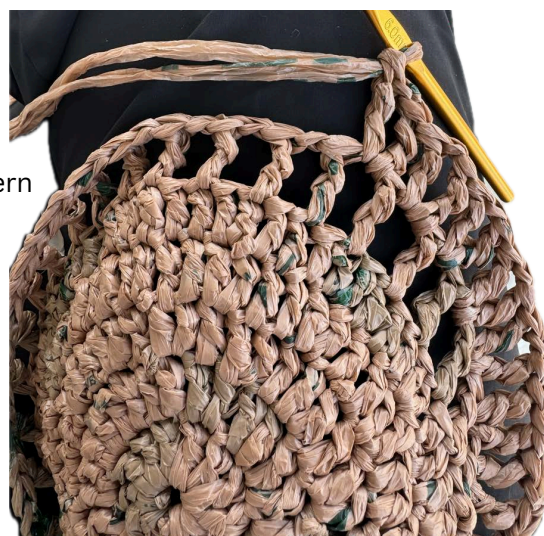
sl st into the ch 1 space from previous round

chain 4 (counts as tr plus ch 1), tr into ch 1 space

then move to the next ch 1 space from previous round,

into that space do a tr, ch, tr (aka v-stitch)

repeat around, end with a sl st into 3rd ch of starting tr



### Row 3-10

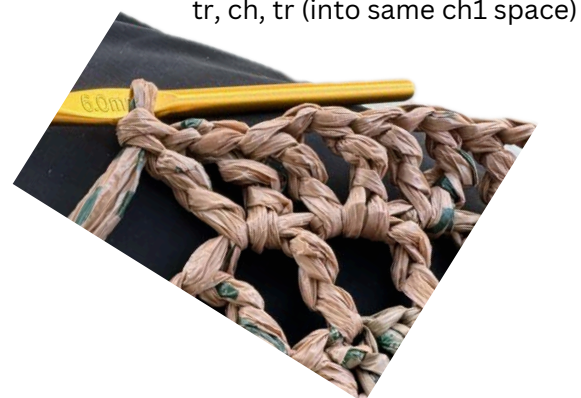
sl st into the ch 1 space from previous round V-stitch

chain 4 (counts as tr plus ch 1), tr into ch 1 space

then move to the next ch 1 space from previous round,

into that space do a tr, ch, tr (aka v-stitch)

repeat around, end with a sl st into 3rd ch of starting tr



## Create the Upper

### Row 1

Ch 1, sc into each stitch around

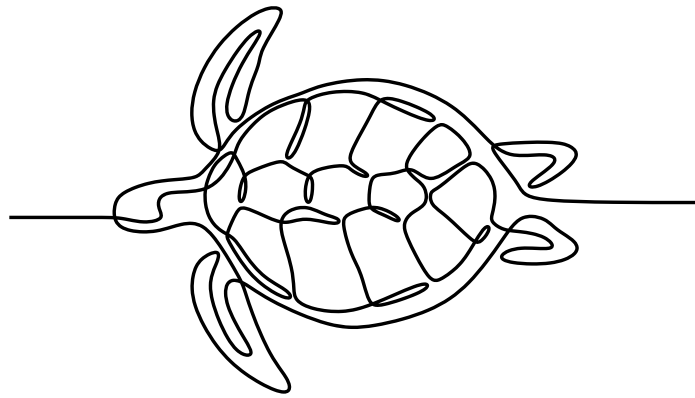
(should end with 93 stitches--if you end with 90 to 96 you're okay, no need to re-do)

sl st into final stitch

### Row 2-3

Ch 1, sc in each stitch (93 st--or whatever count you had)

# The Pattern



## Create the Handle

Using stitch markers, place one at your starting stitch, skip 22 stitches, place another, skip 22 stitches, place another, skip 22 stitches, place another.

Starting at the first marker, ch 65, sl st into second marker, sc to the third marker, ch 65, sl st into the fourth marker, sc back to the first marker (start of first handle).

You've now created your two handles! How fun is that?! You only have three more rows to go!

You're now at the first handle. Sc into each ch in the handle (which will take you to the end of the handle. To connect, sc into the next stitch in your bag upper. Then, sc to the next handle and repeat three times to get a sturdy handle.

Weave in any ends (don't cut too close to a knot!) and your bag is ready to help raise money for the sea turtles!

